

SELECT SKILLS HOCKEY

SKATE into Tryouts with an Edge

Select Skills Hockey is offering small Group lessons for beginner hockey player's hoping to move up onto a travel team next season.

Our small group sessions will reinforce proper hockey stance and stride while focusing on the skill elements most often graded in a young player's tryout.

BALANCE

DEVELOPMENT

★ Stops & Starts

☆ Cross-Overs

☆ Two Skate Power Turns

✗ Backward Skating

★ Puck Control and Shooting

EDGEWORK

Location: Flynn Rink

Dates: Sunday evenings starting 2/13 thru March

Time: 6:00p: <u>11WINT-TRYOUT1</u> 7:00p: <u>11WINT-TRYOUT2</u>

STRIDE

Got a Busy Schedule?

Grab a 6PASS and pick any 6 sessions that fit your schedule. Pick any of our locations or dates thru March

The 6PASS can be purchased online @ 11WINT-PASS

SPEED

Space is limited, other sessions may be available.

For more information, email: info@selectskillshockey.com

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Cross Over Your Edge